2020 Time Table

Weekday	Monday		Tuesday		Wednesday		Thursday		Friday		Weekend	Saturday	
	Pole Room 1	Pole Room 2	Pole Room 1	Pole Room 2	Pole Room 1	Pole Room 2	Pole Room 1	Pole Room 2	Pole Room 1	Pole Room 2		Pole Room 1	Pole Room 2
5:30pm	Self-practise	Intermediate	Self-practise	Beginner	Self-practise	Conditioning	Self-practise	Exotic Flow	Self-practise	Beginner	**10:00am**	Self-practise	Beginner spin
6:30pm	Self-practise	Beginner	Self-practise	Pre Int/Int	Self-practise	Preint	Self-practise	Flexibility	Self-practise	Pre int/Int	**11:00am**	Self-practise	Exotic Flow
7:30pm	Self-practise	Pre-Int Spin	Self-practise	Beginner spin	Self-practise	Int/ Advance	Self-practise	Beginner			**12:00 pm**	Self-practise	Tricks